

DR. TINA TICKLER WELSONE

Coach • Healer • DPT • Author • Educator • Publisher



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Dr. Tina Tickler Welsome DPT is a Doctor of Physical Therapy, and a Health & Wellness coach who integrates human development, personality, growth, and healing with the heart, mind, spirit, and body to holistically guide you on your own transformative healing journey.

She is the author of LOVE(d), an international bestselling book about the key to unlocking your true potential to create and live an authentic life you love.

Tina helps you realize you are the courageous author holding the pen to edit, rewrite and turn the page in the story of your healthier and more joyous life.



Kayleigh O'Keefe

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